



# 14th Annual Meeting of the Association of Clinical Elbow & Shoulder Surgeons



Lake George, NY

The Sagamore  
110 Sagamore Road  
Bolton Landing, NY 12814

July 26-28th, 2018

The Association of Clinical Elbow and Shoulder Surgeons (ACCESS) was founded in 2005 by a group of fellowship trained elbow and shoulder surgeons with the common goal of the advancement of patient care. ACCESS is a group of physicians that share a common interest in shoulder and elbow surgery and this group evolved to provide a peer group to share clinical cases and further the education of complex shoulder and elbow surgery. The main focus of this group is to provide a collegial atmosphere for members and their families and to encourage long term interactions and sharing of ideas. ACCESS holds annual business and scientific meetings to improve the quality of care provided to patients with complex elbow and shoulder disorders.

## Board of Directors

Steve Klepps

Anand Murthi

Cyrus Lashgari

Past President: Jason Stein

Current President: Paul Sethi

## Executive Committee

**President :** Paul Sethi

**President-Elect :** George Athwal

**Secretary :** Steve Brockmeier

**Treasurer:** Cyrus Lashgari

**Secretary Elect :** Brad Parsons

## Joint Registry Committee

Joe Abboud, Jon Bell, Mike Cods, Anand Murthi

## Website Committee

Joe Abboud, Brad Parsons, Marc Kowalsky

## Disclosure

To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual in a position to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker's presentation.

## Thursday July 26, 2018

**4:00 – 6:00 PM – Business Meeting/New Member voting/discussion/ Leadership line voting pas Coding Tips Jon Levy with Levy Cheatsheet ! Don't leave it all on the table Nirvana/Wapanak**

**6:00 - 6:30 PM: Product Theatre: Johnson & Johnson Medical Devices/Pacira:  
Moving Towards Opioid Free Surgery Nirvana/Wapanak**

**7:00-10:00 PM – Welcome Reception Pool Party & BBQ – Exhibitors Invited Pool Terrace**

*Join us on the Pool Terrace for a family style cookout, karaoke DJ, and some fun pool games as we catch-up and kick off the meeting*

**7:00 - 11:00-PM- Industry Exhibitor set-up Nirvana/Wapanak**

## Friday July 28th, 2018

**6:30 AM – 8:00 AM – Breakfast for ACESS Members and Exhibitors**  
**Nirvana/Wapanak**

*(families' breakfast separate; on Thursday night, families will be provided vouchers to use to charge breakfasts on Friday and Saturday in the restaurants, to the ACESS master account)*

**7:00-7:30 AM Exactech Product Theatre:** Breakfast with Exactech's Co-Executive Chairman, Jeff Binder: My path to Orthopaedics and Exactech / TPG's Investment Thesis for Exactech / Criticality of surgeon-Industry collaboration in pursuit of innovation – the view through my lens / Open-floor discussion, debate and Q&A  
**Nirvana/Wapanak**

**7:30-8:30AM Symposium I- Failing Total Shoulder: CASE BASED TALKS** Nirvana/Wapanak

<b>Time</b>	<b>Topic: The Failing Total Shoulder</b>	<b>Speaker</b>	
<b>10 minutes</b>	<b>How I make the diagnoses of a failing shoulder: Examples of Subscap, glenoid and humeral failures</b>	<b>Getz</b>	
<b>10 min</b>	<b>Why I scope before I revise</b>	<b>Getz</b>	
<b>10 m</b>	<b>Pectoralis Repair for Failed Subscap. It works in Hershey and why I think it didnt work in your hands or published literature</b>	<b>Armstrong</b>	
<b>10 m</b>	<b>Is there a role for Revision from TSA to TSA?</b>	<b>Stein</b>	
<b>10 m</b>	<b>My Infection Prevention Voo Doo</b>	<b>Kowalsky</b>	

**8:30-9:00 Symposium II CASE BASED TALKS**

**Nirvana/Wapanak**

<b>Time</b>	<b>Topic: Instability</b>	<b>Speaker</b>	
<b>10 m</b>	<b>Posterior Instability: Follow up on Brockmeier's Football player, Wolfe's Osteomy and Athwal's Arthritic HH and Clavicle Implant. Cases, &gt;6 mo follow up, and lessons learned.</b>	<b>Brockmeier</b>	
<b>10 m</b>	<b>When LTJ, DTA, Clavicle or ICBG for anterior bone loss. Are there indication for each of these? Cases and f/u</b>	<b>Byram</b>	
<b>10 m</b>	<b>Remplissage is a non anatomic overconstraining idea that we will regret.</b>	<b>Klepps</b>	

**9:00-9:15 BREAK TO VISIT INDUSTRY DISPLAYS**

**Nirvana/Wapanak**

**9:15 – 10:15 AM Symposium III –**

**Nirvana/Wapanak**

	<b>Topic: Elbow Surgery</b>	<b>Speaker</b>	

<u>Time</u>			
<u>10m</u>	<u>UCL Repairs: Fact or Fiction</u>	<u>Wolfe</u>	
<u>10 m</u>	<u>OCD Elbow. Scope to OATS</u>	<u>Lervick</u>	
<u>10m</u>	<u>Managing Elbow OA: Algorithm and Surgical Pearls</u>	<u>Parsons</u>	
<u>10m</u>	<u>The three (or four, or five) most common mistakes that I see resulting in revision elbow surgery</u>	<u>Cheung</u>	

**10:30-11:50**

**Efficiency, Time Management, and Happiness. \_**

**Nirvana/Wapanak**

<u>Time</u>	<u>Topic Efficiency, Time Management, and Happiness.</u>	<u>Speaker</u>	
<u>10m</u>	<u>Efficiency in the office</u>	<u>Klepps</u>	
<u>10m</u>	<u>Efficiency in the OR: Self-Assessment and Improvement</u>	<u>Levy</u>	
<u>10m</u>	<u>Efficiency in the ASC</u>	<u>Miller</u>	
<u>10m</u>	<u>Efficiency at home: HDR secrets</u>	<u>Routman</u>	
<u>10 m</u>	<u>Navigating Industry: Conflicts to Contract</u>	<u>Athwal</u>	

12:00-12: 30 pm

**Active Research. Where are we going**

**Nirvana/Wapanak**

**ADJOURN**

**LUNCH BUFFET: 12:00-2:00pm:**

**Dollar Island Terrace**

**Exhibitors: Lunch on own**

**Free Time**

*Enjoy some free time and all that The Sagamore has to offer or explore the Lake George area (see below links for ideas)*

<https://www.thesagamore.com/>

<https://www.lakegeorge.com/things-to-do/all/>

<http://www.saratogacountyfair.org/index.php/saratoga-county-fair>

**SPOUSES HAPPY HOUR: 5:00pm- 6:30 PM**

**Caldwell's or the bar at the Pavilion**

**ACCESS WHITE PARTY: 6:30-10:00 PM Exhibitors Invited-**

**Shelving Rock Terrace**

*Join us on The Shelving Rock Terrace for the most talked about VIP party of the summer... Not to be outdone by Sean Combs aka Puff Daddy aka P Diddy who, in his heyday, threw the most famous white parties, ACCESS will host it's very own WHITE party complete with all white décor, white draped cabana lounge area, champagne bar, music by Lake George's hottest DJ, and much more... **ALL WHITE attire is highly encouraged.** Don't worry, the event will be kid friendly and activities will be plenty.*

*For those who might still be confused about what a white party is, we highly recommend you take a look at this article for a better idea of what to expect:*

<https://www.gq.com/gallery/puff-daddy-white-party-fourth-of-july-sean-combs>

## Saturday, July 29th, 2018

**6:30-7:30** Interesting Case Session III – Part 1: Best Images of the year.

**6:30AM – 8:00AM AM** – Breakfast for Members and Exhibitors

**Nirvana/Wapanak**

**7:00-7:30 AM: Product Theatre Catalyst OrthoScience**

**Nirvana/Wapanak**

**7:30-8:30 Symposium IV –**

**Nirvana/Wapanak**

<b>Time</b>	<b>Topic : Unsolved Issues</b>	<b>Speaker</b>	
<b>10 m</b>	50 yo massive cuff no arthritis needs strength?	<b>Bauer</b>	
<b>10m</b>	<b>50 year old painless rotator cuff tear</b>	<b>Bell</b>	
<b>10 m</b>	50 yo shoulder surgeon tears cuff. You fixed it. It failed...now what... How do you treat. Biology, Dermal Graft, SCR., Balloon, Rotation. Science, Intuition, Value	<b>Chuinard</b>	
<b>10m</b>	<b>50 year old with B2, 80% subluxation, 25 degrees RV and mild pain</b>	<b>Carroll</b>	
<b>10m</b>	<b>50 year old unstable PHF: Tips, Tricks. Double Plates, Conventus...</b>	<b>Kazanjan</b>	

**8:30-9:30 Symposium V:***Nirvana/Wapanak*

<b>Time</b>	<b>Topic: Surgeon Preservation</b>	<b>Speaker</b>	
<b>10 m</b>	<b>Optimizing Surgical Consent</b>	<b>Kowalsky</b>	
<b>10m</b>	<b>Patient Handout and Resources, including ACCESS Dropbox</b>	<b>Lashgari</b>	
<b>10 m</b>	<b>Stress Management and Challenges</b>	<b>Cuff</b>	
<b>10 m</b>	<b>Social Media Presence</b>	<b>Abboud</b>	

**9:30-9:50AM BREAK TO VISIT INDUSTRY DISPLAYS***Nirvana/Wapanak***9:50-10:50AM Symposium VI –**

<b>Time</b>	<b>Topic Bad to the Bone</b>	<b>Speaker</b>	
<b>10m</b>	<b>Humeral Bone Loss is treated with Metal</b>	<b>Routman</b>	
<b>10m</b>	<b>Humeral Bone loss is treated with bone. Technique and Rationale for APC</b>	<b>Bicknell</b>	
<b>10m</b>	<b>Glenoid Bone Loss is Best Treated with Poly</b>	<b>Byram</b>	
<b>10m</b>	Glenoid Bone Loss is best treated with Bone: Posterior glenoid augment for TSA how to do, intraop techniques	<b>Keener</b>	
<b>10m</b>	When should you use what RSA? One does not fit all	<b>Murthi</b>	

**11 am-12:00 AM Interesting Case Session III –**

<b>Time</b>	<b>Topic Painful Reverse</b>	<b>Speaker</b>	
<b>10m</b>	<b><u>Painful Reverse with Normal Xrays.</u></b>	<b><u>McCarron</u></b>	
<b>10m</b>	<b><u>Reverse is the only Option after TSA, SCR, LTT, Balloon... or for that matter for anyone over 80. What the Frankle are you talking about ?</u></b>	<b><u>Cuff</u></b>	
<b>7 m each</b>	<b><u>Navigation in TSA/ RSA: I factually have improved outcomes: Point counterpoint</u></b>	<b><u>Levy/Chebli</u></b>	
<b>10m</b>	<b>Defining cost for TSA and value</b>	<b><u>Jawa</u></b>	
<b>10 m</b>	<b><u>Surgical Tips on How to Remove a Well fixed Humerus</u></b>	<b><u>Athwal</u></b>	

**12:00-12:20AM BREAK TO VISIT INDUSTRY DISPLAYS-**

**Nirvana/Wapanak**

**12:20-1:30PM**

**Interesting Case Session IV – Best Images of the year.**

**Nirvana/Wapanak**

**ADJOURN**

**1PM Industry Tear Down**

**LUNCH BUFFET: 12:00-2:00pm Dollar Island Terrace** (To go lunches and beverages will be provided so that boaters and those on their own can choose to grab and go, or enjoy lunch on the Dollar Island Terrace)

**Boating Trip on Lake George (1:30-4:30pm)**

*Join us for a boating excursion on Lake George (**if you have not already signed up and would like to, please do so ASAP**). Should be a fun-filled day of boating, tubing, cliff jumping, and more. Boxed lunches (pick up at Dollar Island Terrace) and coolers of beer, , and water will be provided. Boarding location-TBD*

**ACCESS Farewell Clam Bake 6:00--9:00PM ACCESS Members Only**

**Lakeview Lawn**

*Join us on The Sagamore Lakeview Lawn for one last evening outside overlooking the water. You can look forward to wine tasting (**Organized by ACCESS's resident sommelier/wine geek Brian Wolf who would like to encourage all ACCESS members to bring a bottle or more of their favorite wine**), a Clambake and cookout, acoustic music, and beach games for the kids. There will be a photographer available for 2 hours, for shots of ACCESS as a group as well as family photos.*